



Mullingar Sailing Club

LOUGH OWEL



Codes of Conduct

Guidelines for Members and Guests

Mullingar Sailing Club wishes to provide the best possible environment for all members and guests attending the club and participating in club activities.

The club is run by volunteers who work collaboratively to facilitate competitive and leisure sailing, and sailing skills development. Personal time, expertise and dedication by many members is required to ensure the enduring nature, development and smooth running of the club.

This code has been developed in order to ensure that club members understand the behaviour that is expected of them when attending and using the facilities of Mullingar Sailing Club, or when representing the club, both on and off the water.

Code of Conduct for Members and Guests

All members and guests shall:

- Respect:
 - Fellow members, guests, instructors, course participants, trainees, shore parents, and everyone they meet at the club
 - Club property and facilities, the property of others, and their own property
- Have a working knowledge of and abide by the Racing Rules of Sailing when racing
- Abide by their responsibilities as specified in the club's safety statement, and follow the advice and instruction given by safety crews/instructors on the water
- Carry out any duty they are rostered for or find a suitable replacement
- Wear suitable clothing and safety equipment when afloat in RIBs or other boats
- Maintain insurance for their boats, with a minimum third party liability of €3 million
- Acknowledge that the club accepts no responsibility for injury or loss of life to persons whilst sailing or taking part in any club activity, or any damage or loss to boats & equipment
- Abide by this code when representing Mullingar Sailing Club at other clubs
- Enjoy and promote sailing and seek to support club activities
- Be responsible for all guests that they bring to the club, and ensure that guests are aware of and follow this code of conduct.

Complaints or grievances will be dealt with by the committee in accordance with club rules, and should be reported to any committee member in writing.



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Guidelines for Children and Young People

Mullingar Sailing Club wishes to provide the best possible environment for all young people involved in the sport. Young people deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. These participants have rights, which must be respected, and responsibilities that they must accept. Young people should be encouraged to realise that they have responsibilities to treat other participants and sports leaders with fairness and respect.

This code has been developed in order to ensure that children and young people understand the behaviour that is expected of them when attending and using the facilities of Mullingar Sailing Club.

Code of Conduct for Children and Young People

I agree to **respect**:

- My instructors, fellow trainees, shore parents, and everyone I meet in the club
- Club property, especially the boats I sail in, the property of my fellow trainees, and my own property

I agree to **follow** instructions and health and safety messages, particularly in relation to social distancing and any other safety measures advised by Irish Sailing with regard to Covid-19.

I agree **not to**:

- Bully or harm any other person on the course in any way (and I will report any such behaviour)
- Use bad language
- Photograph or record anyone at Mullingar Sailing Club without the approval of the Senior Instructor
- Bring any substance or material that may pose harm to any member of the club

Please talk to one of the instructors, the Senior Instructor, the Children's Officer or the Junior Organiser if you have any problems or concerns.



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Guidelines for Parents

Mullingar Sailing Club believes that parents should be a role model for their child and maintain the highest standards of conduct when interacting with children, other parents, instructors and organisers.

This code has been developed in order to ensure that the parents of children and young people attending activities in Mullingar Sailing Club understand the behaviour that is expected of them.

Code of Conduct for Parents of Junior Members, Junior Training and Cara Na Mara Participants

Parents must:

- Respect the rules and procedures set down by Mullingar Sailing Club for children's activities, including making themselves available for shore duty and adhering to the junior courses sign-in/sign-out procedure daily.
- Respect and support instructors and committee members, other trainees and other parents, and encourage their child to do the same.
- Inform the Senior Instructor if for any reason their child cannot attend or needs to leave early or arrive late.
- Ensure that children arrive punctually for sessions.
- Ensure that children have proper sailing gear and equipment.
- Ensure that pick-up arrangements are clear
- Never demonstrate threatening or abusive behaviour or use bad language at the club.
- Present themselves at advised times and follow directions for shore duty



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Guidelines for Instructors

Instructors should strive to create a positive environment for the children in their care. They have an overall responsibility to take the necessary steps to ensure that positive and healthy experiences are provided. All instructors should have as their first priority the children's safety and enjoyment of the sport of sailing.

This code has been developed in order to ensure that instructors understand the behaviour that is expected of them when attending and using the facilities of Mullingar Sailing Club.

Code of Conduct for All Instructors (Assistant Instructors, Instructors, Advanced Instructors, Senior Instructor)

- Be positive during sessions, praise and reward good behaviour.
- Treat the children, young people, parents and other Instructors with respect
- Ensure that all children present are involved in the activities.
- Respect all Mullingar Sailing Club property and the property of others
- Abide by their responsibilities as specified in the club's safety statement
- No bullying of any kind and report any such behaviour if you are aware of it. Make sure that everyone (Instructors and children) is included socially.
- No bad language
- Involve parents and other Instructors where possible and inform SI if problems arise.
- Record and report any incident and the resulting outcome that may occur while you are training.
- Prepare and plan for your training sessions, arrive on time and depart at the appropriate time.
- Do not bring or have any substance or material that may pose harm to any member of the group, the group leaders or the club. There is no smoking on club grounds.
- No drinking alcohol during or after the course on club grounds while students are around.
- No videoing or recording of anyone at Mullingar Sailing Club without the approval of the Senior Instructor
- Do not spend excessive amounts of time with an individual student, avoid individual lessons, do not take children out of the club grounds on your own.